

**SilkAir
Discovery
Package**

7D6N Nepal Experience fr \$1488*



Kathmandu Durbar Square,
Swayambhunath,
Patan Durbar Square,
Pashupatinath Temple,
Boudhanath
Home stay

Local and Chinese meals
6 Breakfast, 5 Lunch, 6 Dinner

Accommodation:
4 Star – Grand Hotel or similar
5 Star – Soaltee Hotel or similar

Extension / Deviation
Subject to confirmation and surcharges
from airlines

* Applicable to travelers 55 years and
above. Those who do not have seniors
traveling with them have to pay an
additional \$50 per person. Price is subject
to Airport taxes and fuel surcharges \$280
per person. This is correct as of August
18, 2010 and subject to change due to
currency fluctuation. Other terms and
conditions apply.

Minimum Group Size : 2 person



DAY 1: SINGAPORE → KATHMANDU (D) MI412 0910/1205

Assemble at Changi International Airport for your flight to the capital of Nepal – Kamanthdu. Upon arrival, meet and transfer to hotel.

Day 02: Kathmandu (B/L/ D)

Begin your day with a Kathmandu City tour covers attractions like Kathmandu Durbar Square, Kumari Bahal (House of the Living Goddess) courtyard; 12th century Kashthamandap - the Legendary House of Wood built from the wood of a single tree, Shiva Parvati Temple and Swayambhunath.

Continue the tour with a visit to Patan, one of the most historically important city in the Kathmandu Valley. It is also known as the centre of fine arts. The Patan Durbar Square is next. Most of the monuments in Patan were built between the 16th-18th centuries. Other monuments not to be missed are The Royal Palace, Krishna Mandir and the Golden Temple - the latter is most renowned for its legend connected to the 12th century queen.

Day 3: Kathmandu: (B/L/D)

Pashupatinath Temple, dedicated to Lord Shiva is one of the most sacred Hindu shrines in the world. It lies 5 km. east of the city on the bank of the sacred Bagmati River. Thousands of pilgrims visit this temple every year during Shivaratri, the birthday of Lord Shiva. The entrance to the temple precinct is forbidden to non-Hindus. Boudhanath, the largest stupa in Nepal is 36 metres high.

Bhaktapur: A former capital of the valley is famous for its traditional pottery, cloth weaving, and handicraft productions. The major attractions being visited are: Durbar Square, Nyatapola Temple and Kasi Bishwanath Temple. The tour ends with a visit to the Pottery Market where hundreds of pots are left drying in the square.

Day 4: Kathmandu/Bhaktapur/Kopon (B/L/D)

Drive to Kopon Monastery for your home stay. Kopon is situated on the outskirts of Kathmandu, near Boudhanath (also called Boudha) and houses about 360 monks mainly from Nepal and Tibet.

A visit to the nearby Khachoe Ghakyil Ling Nunnery awaits you. The nunnery is home to 380 nuns. Both the monastery and the nunnery are under the spiritual guidance of Lama Zopa Rinpoche, and abbot, Khen Rinpoche Geshe Lhundrup Rigsel.

Your day ends with a home-stay. Be immersed into the authentic lifestyle adopted by most Nepalese families. Get to enjoy a traditional Nepalese home cooked meal prepared in the kitchen and from home grown organic vegetable farms. Advocates cross-cultural experiences with 2hours of Yoga stretching (1 hour in morning and 1 hour in evening).

Day 5: Kopon – Home stay (B/L/D)

Enjoy your cultural experience with 2hrs of yoga postures (Asana). The yoga postures (Asana) allows you to meditate your body and strengthen your mind.

Day 6: Kopon-Home stay (B/L/D)

Another day of cultural experience with their day-to-day activities and 2 hrs of yoga exercise.

Day 7: Kathmandu → Singapore (B) MI411 1305/2015

After breakfast, transfer to Kathmandu Airport for your flight back to Singapore

Kathmandu Durbar Square, Swayambhunath, Patan Durbar Square, Pashupatinath Temple, Boudhanath are listed as World Heritage Sites by UNESCO